



**NOVA
Children's**
SURGERY CENTER

8505 Arlington Boulevard, Ste 100, Fairfax,
VA 22031-4630
Phone: (703)-705-2277
Fax: (703)-705-2274
smile@novachildrens.com

Medical Clearance for General Anesthesia Low Risk Surgical Procedure

Patient Name:	Today's Date:
Procedure: Dental exam and surgery under general anesthesia	Date of Surgery:

To whom it may concern,

This patient is seeking to be treated under General Anesthesia for a low risk surgery. Please complete the enclosed Medical Clearance form and fax or scan the completed H&P and all accompanying documents (blood tests, EKG's, etc, as recommended by PCP and any relevant specialists) to:

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If you should have any questions or concerns, please feel free to contact us.

Regards,
Nova Children's Surgery Center

History and Physical for Low Risk Surgery under General Anesthesia

Patient Name: _____ **DOB:** _____ **Date:** _____

Sex	Race	Age	Height	Weight	BMI	BP	Pulse	Resp	Temp

Review of Systems (Check ALL that apply OR check None)

- | | | | |
|--|---|---|---|
| Cardiovascular: <input type="checkbox"/> None
<input type="checkbox"/> Congenital Heart dz
<input type="checkbox"/> Hypertension
<input type="checkbox"/> Angina/Chest Pain
<input type="checkbox"/> MI/CAD
<input type="checkbox"/> CHF
<input type="checkbox"/> Arrhythmia/palpitations
<input type="checkbox"/> Pacemaker/AICD
<input type="checkbox"/> Valvular Disease
<input type="checkbox"/> CABG/Cardiac Surgery
<input type="checkbox"/> Coronary Stent
<input type="checkbox"/> Poor Exercise Tolerance
<input type="checkbox"/> PVD
<input type="checkbox"/> Other _____ | Pulmonary: <input type="checkbox"/> None
<input type="checkbox"/> Asthma/RAD
<input type="checkbox"/> COPD/Emphysema
<input type="checkbox"/> Smoking History
<input type="checkbox"/> SOB
<input type="checkbox"/> Sleep Apnea/Snoring
<input type="checkbox"/> CPAP
<input type="checkbox"/> Cough
<input type="checkbox"/> Wheezing
<input type="checkbox"/> PND/Orthopnea
<input type="checkbox"/> URI
<input type="checkbox"/> Other _____ | Neurological: <input type="checkbox"/> None
<input type="checkbox"/> TIA or stroke
<input type="checkbox"/> Seizures
<input type="checkbox"/> Cerebrovascular Disease
<input type="checkbox"/> Dementia
<input type="checkbox"/> Osteoarthritis
<input type="checkbox"/> Rheumatoid Arthritis
<input type="checkbox"/> Psychiatric Disorder
<input type="checkbox"/> Neuromuscular Disease
<input type="checkbox"/> Syncope
<input type="checkbox"/> Shunt
<input type="checkbox"/> Other _____ | Other: <input type="checkbox"/> None
<input type="checkbox"/> Hiatal Hernia
<input type="checkbox"/> Reflux
<input type="checkbox"/> Hepatitis Type _____
<input type="checkbox"/> Cirrhosis
<input type="checkbox"/> Thyroid Disease
<input type="checkbox"/> Recent Steroid Use
<input type="checkbox"/> Obesity
<input type="checkbox"/> Diabetes Type I
<input type="checkbox"/> Diabetes Type II
<input type="checkbox"/> Other _____ |
| Hematologic: <input type="checkbox"/> None
<input type="checkbox"/> Anemia
<input type="checkbox"/> Sickle Cell/ or Trait
<input type="checkbox"/> Bleeding Disorder
<input type="checkbox"/> Cancer
<input type="checkbox"/> Chemotherapy
<input type="checkbox"/> Other _____ | GYN: <input type="checkbox"/> None
<input type="checkbox"/> Pregnant
<input type="checkbox"/> LMP _____ | Anesthesia Airway: <input type="checkbox"/> None
<input type="checkbox"/> Family Hx Anest issues
<input type="checkbox"/> Previous Anest issues
<input type="checkbox"/> Other _____ | Pediatrics: <input type="checkbox"/> Normal
<input type="checkbox"/> Recent URI/Illness
<input type="checkbox"/> Developmental Delay
<input type="checkbox"/> Prematurity
<input type="checkbox"/> Congenital Anomaly
<input type="checkbox"/> Other _____ |
| Psychological: <input type="checkbox"/> None
<input type="checkbox"/> Autism or <input type="checkbox"/> Asperger's
<input type="checkbox"/> PDD or NOS
<input type="checkbox"/> ADHD or ADD
<input type="checkbox"/> Other _____ | | Kidney/Renal: <input type="checkbox"/> None
<input type="checkbox"/> Kidney Disease
<input type="checkbox"/> Other _____ | |

Current Medications

Medication: _____	Dosage: _____	Frequency: _____	
Medication: _____	Dosage: _____	Frequency: _____	
Medication: _____	Dosage: _____	Frequency: _____	

Allergies/RXN
Medication/Seasonal/Foods

Surgical Hx: _____

Most recent illness: _____ **Date of illness:** _____

General Appearance: _____

HEENT: PERRLA EOMI No Lymphadenopathy No JVD O/P MNL Thyroid Abnormal _____

Cardiovascular: RRR S1S2 S3 S4 Abnormal _____

Pulmonary: Lungs CTA B/L Abnormal _____

GI: Abd Benign-Normoactive BS No Hepatosplenomegaly Abnormal _____

Extremities: No Clubbing No Cyanosis No Edema Abnormal _____

Musculoskeletal: NML Muscle Tone NML Strength Abnormal _____

Neurological: CN II-XII DTR Intact and equal bilaterally NML Mental Status Abnormal _____

**I certify I have completed the patient's history and physical.
I clear this patient for General Anesthesia.**

Signature: _____

Date: _____

Doctor Name: _____

Phone #: _____ **Fax#:** _____

Office Name: _____